



## Westpark Fitness - Charity Triathlon Results 2009

### Male Long Race

Place	Name	Swim	Transition	Cycle	Run	Overall	Race Number	Race	Wave
1	EOIN BRENNAN	00:14:19	00:01:58	00:28:21	00:19:23	01:04:00	1	LONG	1
2	JOE CAWLEY	00:14:29	00:01:54	00:32:12	00:18:56	01:07:30	21	LONG	4
3	ROBIN MOONEY	00:12:27	00:01:46	00:32:15	00:23:17	01:09:44	15	LONG	3
4	SHAY MURPHY	00:12:40	00:01:38	00:35:38	00:21:49	01:11:44	2	LONG	1
5	MARK MOONEY	00:14:20	00:02:07	00:31:12	00:24:33	01:12:11	18	LONG	3
6	DAVE PLUNKETT	00:15:15	00:02:27	00:32:07	00:23:24	01:13:12	8	LONG	2
7	KEVIN DOYLE	00:18:20	00:01:31	00:31:05	00:23:06	01:14:00	3	LONG	1
8	MICK LALOR	00:15:21	00:02:38	00:36:10	00:27:37	01:21:44	6	LONG	1
9	MARTIN CARROLL	00:21:21	00:03:57	00:31:55	00:26:02	01:23:14	35	LONG	6
10	CYRIL LUMSDEN	00:15:26	00:04:31	00:36:35	00:28:00	01:24:30	7	LONG	2
11	PETER BEHAN	00:15:46	00:02:52	00:38:44	00:28:33	01:25:54	23	LONG	4
12	CIAT JOYCE	00:19:42	00:03:19	00:40:27	00:23:45	01:27:12	10	LONG	2
13	HARRY BYRNE	00:15:43	00:05:57	00:36:30	00:29:06	01:27:14	38	LONG	7

### Male Short race

Place	Name	Swim	Transition	Cycle	Run	Overall	Race Number	Race	Wave
1	DAVID CARROLL	00:10:02	00:02:30	00:19:29	00:14:50	00:46:49	22	SHORT	4
2	LEONARDO DIAS DE SOUZA	00:13:08	00:04:47	00:19:14	00:13:27	00:50:33	5	SHORT	1
3	MARTIN HAUGHEY	00:12:33	00:04:03	00:18:46	00:19:45	00:55:05	20	SHORT	4
4	ALAN KAVANAGH	00:10:42	00:05:20	00:19:53	00:22:53	00:58:47	25	SHORT	5
5	VAL DUNNE	00:15:22	00:04:51	00:21:44	00:26:45	01:08:41	19	SHORT	4

### Female Long race

Place	Name	Swim	Transition	Cycle	Run	Overall	Race Number	Race	Wave
1	JACQUI BOYLE	00:18:21	00:02:42	00:36:12	00:19:23	01:16:37	13	LONG	3

### Female Short Race

Place	Name	Swim	Transition	Cycle	Run	Overall	Race Number	Race	Wave
1	MICHELLE DOYLE	00:10:35	00:02:31	00:19:10	00:14:21	00:46:36	26	SHORT	5
2	MARIA BUFFINI	00:13:51	00:06:54	00:17:52	00:16:24	00:55:00	29	SHORT	5
3	EMMA HIGGINS	00:13:13	00:03:01	00:18:00	00:22:54	00:57:07	27	SHORT	5
4	SINEAD MCAULEY	00:13:46	00:07:02	00:21:31	00:20:03	01:02:20	30	SHORT	5